



May 2013 Wichita Bike Month

working to be a
bicycle-friendly community

It's Fun—Biking for transportation or recreation builds morale, encourages social interaction and is a great way to get active in your community.

It's Healthy—Active people feel better, are sick less often and are more productive at work and school.

It's Smart—Biking is an environmentally sound form of transportation, an excellent form of fitness, and provides quality family recreation. It saves money too.

For a complete listing of all bicycling events
www.hwcwichita.org

Bike Wichita

It's FUN, It's HEALTHY, It's SMART



SHIFT to Bikes
a corporate challenge
Challenge yourself,
your team and your
company! Leave your
car at home and ride

bicycles to work, for errands, and for fun. The challenge is open to all Wichita area employers regardless of size and it's FREE! The top 3 teams will be awarded with gold, silver, or bronze wheel trophy.

Bike To School Day

May 8 is *Bike to School Day*. Participating students are eligible for prize drawings. (Drivers are asked to be especially alert to ensure student safety.)

Be a Bike Friendly Business

This campaign will honor corporations, organizations, associations, government agencies and non-profits located in the Wichita metro area, that actively promote bicycling for transportation, recreation, and fitness.

Fun Fun Fun

- Weekly Rides - May
- Open Bike Night - May 9
- Tour De Cure - May 12
- OZsome Family Bike Fest - May 18
- Learn to BMX - May 18
- Wicked Wind - May 18 & 19



BIKE WALK WICHITA
An alliance for active transportation

- **SHIFT to Bikes** (a corporate challenge) - May
- National Bike Challenge - May
- Group Rides - May
- Bike to School Day - May 8
- Bike to Work Day Lunch - May 17

Healthy

Smart

- New Wichita Bicycle Map - May
- Bike Safety Clinics- May 4 & 18
- Fix a Flat Friday- May 3, 10, 17, 24,
- Commuter Clinics - May 4 & 18
- Bike Maintenance Clinics - May

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**SAFE
K:DS**
WICHITA AREA



I.C.U.
GLASS CLEANING SERVICE



Health & Wellness
Coalition of Wichita
Coordinated. Connected. Committed.



**CITY OF
WICHITA**



Sedgwick County...
working for you