



May Wichita Bike Month

working to be a
bicycle-friendly community

It's Fun—Biking for transportation or recreation builds morale, encourages social interaction and is a great way to get active in your community.

It's Healthy—Active people feel better, are sick less often and are more productive at work and school.

It's Smart—Biking is an environmentally sound form of transportation, an excellent form of fitness, and provides quality family recreation. It saves money too.

For complete listing of all bicycling events
www.hwcwichita.org

Bike Wichita

It's FUN, It's HEALTHY, It's SMART

Bike to Work Fridays

Keep your car in the garage every Friday in May. Why not bike to work? Sign up for prize drawings.



Bike To School Day

May 9th is *Bike to School Day*. Participating students are eligible for prize drawings. (Drivers are asked to be especially alert to ensure student safety.)

Be a Bike Friendly Business

This campaign will honor corporations, organizations, associations, government agencies and non-profits located in the Wichita metro area, that actively promote bicycling for transportation, recreation, and fitness.

Fun

- Bicycle Give-a-ways (sign up on Facebook)
- Learn to BMX
- Tour de Cure American Diabetes Associations
- Architectural Bike Tour



BIKE \ WALK ALLIANCE-WICHITA

- Bike to Work Fridays
- Bike to School Day
- Wichita Million Mile Month
- Group Rides

Healthy

Smart

- Bike Safety Clinics
- Fix a Flat Friday
- Revive Your Bike
- Commuter Clinic



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